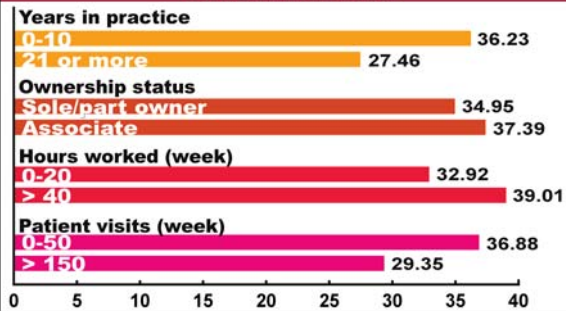


Stressed Out?

A recent survey, results of which were published in the *Chiropractic Journal of Australia*, provides some interesting data regarding sources of stress among chiropractors. Stress scores were calculated using the Health Professions Stress Inventory (HPSI), a 30-item questionnaire (0-4 points per question; 0-120 total score range) that evaluated overall stress based on numerous individual and work characteristics, including the following:

Average Stress Score



SOURCE: Patrick K and Lavery JF. Sources of stress for chiropractors in private practice. *Chiropractic Journal of Australia*, June 2006;36(2):51-7.