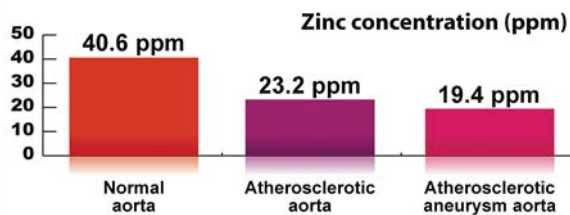


Think Zinc

If you don't already recommend zinc supplementation to patients with atherosclerosis, consider that administration of high-dose zinc sulfate raised zinc serum concentrations significantly, resulting in objective improvement in 75 percent of patients with symptomatic atherosclerotic disease. Interestingly, prior to treatment, serum concentrations differed markedly in normal vs. diseased aorta (see below), an observation that underscores zinc's potential value in this regard.



SOURCE: Eby GA, Halcomb WW. High-dose zinc to terminate angina pectoris: a review and hypothesis for action by ICAM inhibition. *Medical Hypotheses* 2006;66:169-72.