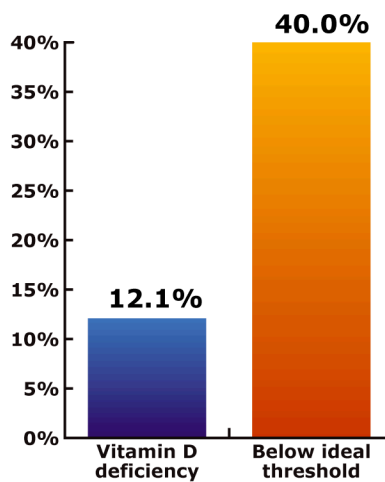


Healthy Infants/Toddlers Don't Get Enough Vitamin D

In a recent study involving 380 children who visited a primary care clinic for a routine health visit, more than one in 10 had vitamin D deficiency (≤ 20 ng/mL) and four in 10 had levels below an accepted optimal threshold (≤ 30 ng/mL).



■ SOURCE: Gordon CM, Feldman HA, Sinclair L, et al. Prevalence of vitamin D deficiency among healthy infants and toddlers. *Arch Pediatr Adolesc Med*, 2008;162(6):505-12.