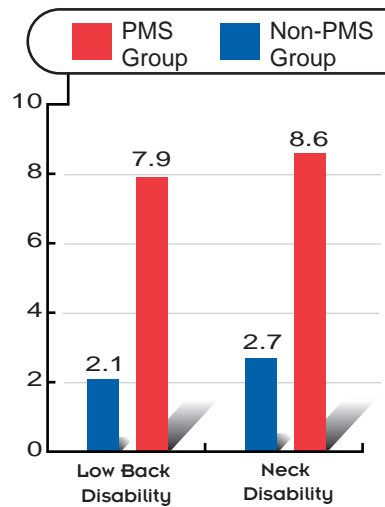


PMS Spinal Dysfunction

A recent randomized clinical trial found a dramatic difference in low back and neck disability between premenstrual syndrome (PMS) sufferers and non-sufferers:

This suggests that spinal dysfunction could be a causative factor in PMS, and that chiropractic manipulative therapy may offer an alternative therapeutic approach for PMS sufferers.

Tell your patients.



SOURCE: Walsh MJ, Polus BI. The frequency of positive common spinal clinical examination findings in a sample of premenstrual syndrome sufferers. *J Manipulative Physiol Ther* 1999;22:216-20.