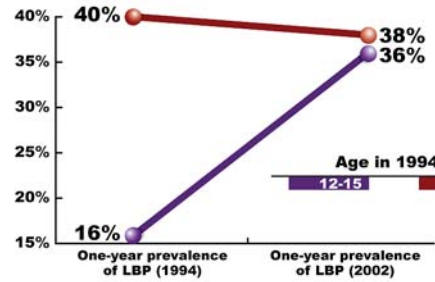


## Growing Up With Low Back Pain

Previous research has demonstrated high rates of adolescent and adult low back pain (LBP), but this study goes a step further, suggesting a direct correlation between the two. All study participants were surveyed in 1994 and again in 2002; LBP prevalence rates stayed the same or increased dramatically over time, depending on the age group surveyed.



SOURCE: Hestbaek L, Leboeuf-Yde C, Kyvik KO, Manniche C. The course of low back pain from adolescence to adulthood. *Spine* 2006;31(4):468-72.