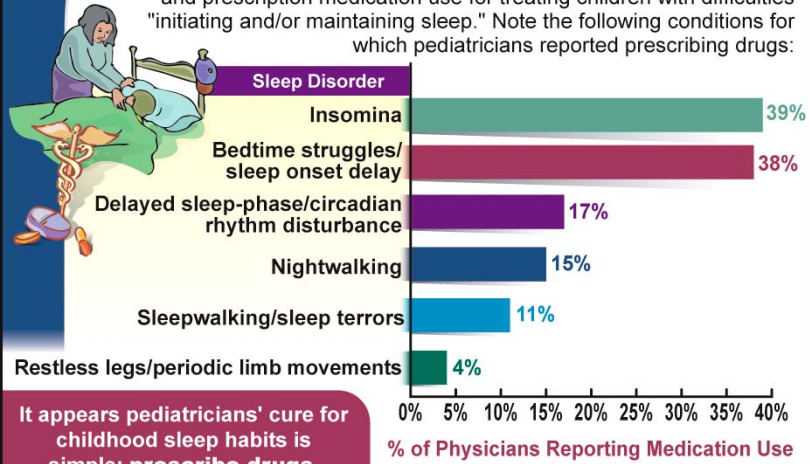


Drugging Our Children to Sleep

A recent survey of primary-care pediatricians evaluated nonprescription and prescription medication use for treating children with difficulties "initiating and/or maintaining sleep." Note the following conditions for which pediatricians reported prescribing drugs:



It appears pediatricians' cure for childhood sleep habits is simple: **prescribe drugs.**

SOURCE: Owens JA, Rosen CL, Mindell JA. Medication use in the treatment of pediatric insomnia: results of a survey of community-based pediatricians. *Pediatrics*, May 2003;111(5), ppe628-35. www.pediatrics.org/cgi/content/full/111/5/e628.