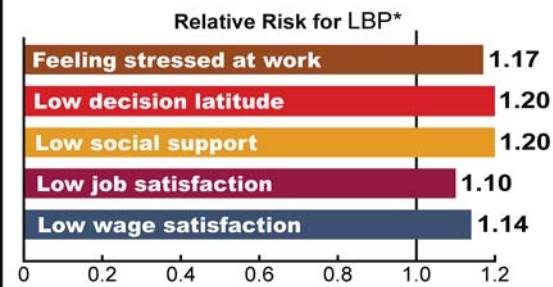


When Work Causes Low Back Pain

In a study that reinforces the role psychosocial factors, particularly the work-related variety, can play in the onset of low back pain, men with high stress, low job satisfaction or any of a handful of other workplace issues were at higher risk of suffering LBP than those with no such issues:



*1.0 = baseline reference; adjusted for multiple variables, including age, employment sector, physical effort expended at work, smoking status and living situation.

Source: Clays E, De Bacquer D, Leynen F, et al. The impact of psychosocial factors on low back pain. *Spine*, Jan. 15, 2007;32(2):262-8.