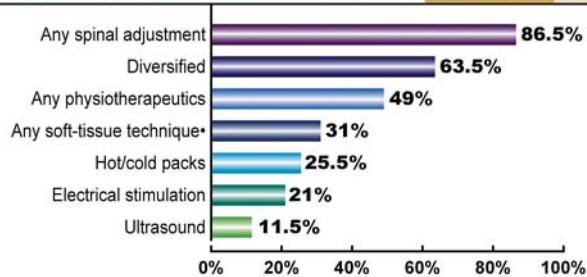


For Chronic Back Pain Cases, Which Technique(s) Do You Use?

A survey of doctors of chiropractic in Arizona and Massachusetts reveals that DCs rely on a variety of techniques to help alleviate chronic back pain (percentages below were determined by averaging responses from the two states). Which technique(s) do you utilize in your practice?



% of DCs using technique on back pain patients



*Examples listed: active release, ischemic compression.

SOURCE: Sherman KJ, Cherkin DC, Deyo RA, et al. The diagnosis and treatment of chronic back pain by acupuncturists, chiropractors and massage therapists. *Clinical Journal of Pain*, March/April 2006;22(3):227-34.