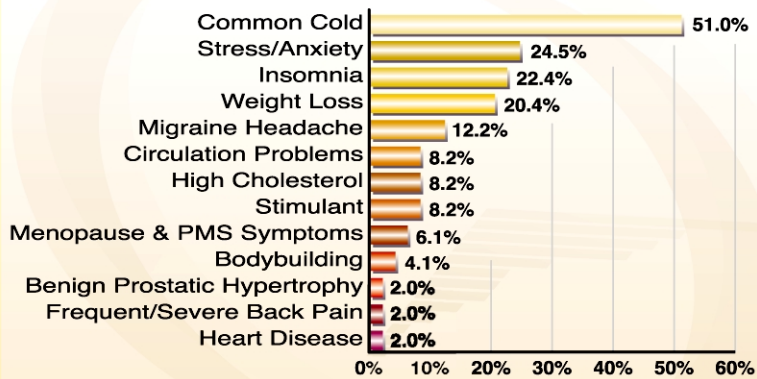


Herbs Widely Used by HMO Patients

According to a recent study, 37.8% of HMO patients use herbs for various ailments and conditions:



In addition, 61.7% took herbs in place of prescription and OTC medications; 51.4% took them upon the recommendation of a friend or relative; and 85.7% did not discuss the use with their physicians.

SOURCE: J Am Pharm Assoc 40(3):353-358, 2000.