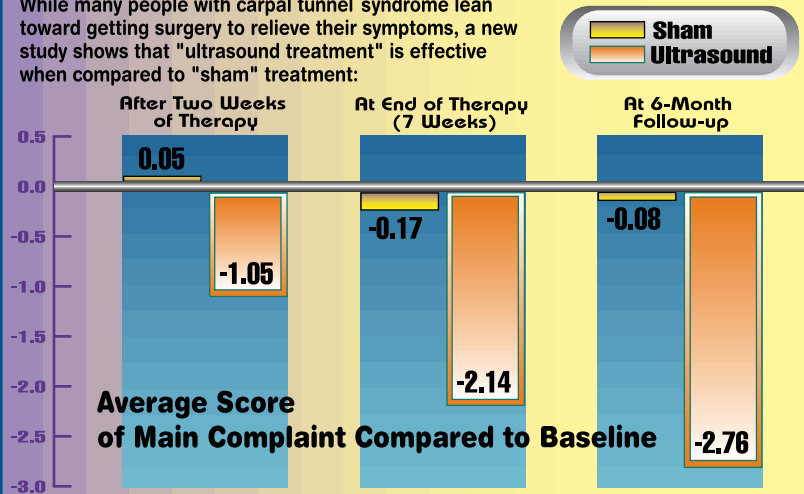


Carpal Tunnel – Ultrasound, Not Surgery

While many people with carpal tunnel syndrome lean toward getting surgery to relieve their symptoms, a new study shows that "ultrasound treatment" is effective when compared to "sham" treatment:



SOURCE: Ebenbichler GR, Resch KL, Nicolakis P, Wiesinger GF, Uhl F, Ghanem A, Fialka V. Ultrasound treatment for treating the carpal tunnel syndrome: randomized "sham" controlled trial. *BMJ* 1998;316731-735.