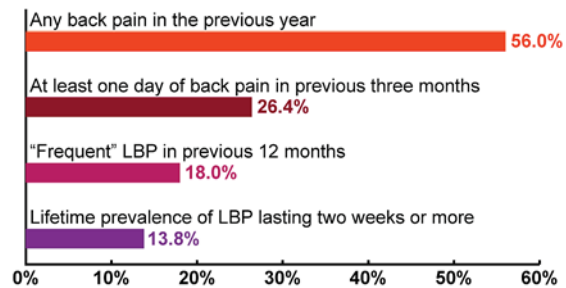


Back Pain: The Numbers Never Lie

No matter how many times researchers investigate the prevalence of back pain in the general population, the numbers always tell the same troubling story: A great many people are suffering, and the pain can last a day, a week, or even a year. This recent literature review in *Spine* provides more evidence that back pain is a national epidemic and that it requires appropriate care to prevent recurrence.



SOURCE: Deyo RA, Mirza SK, Martin BI. Back pain prevalence and visit rates: estimates from U.S. national surveys, 2002. *Spine* 2006;31:2724-27.