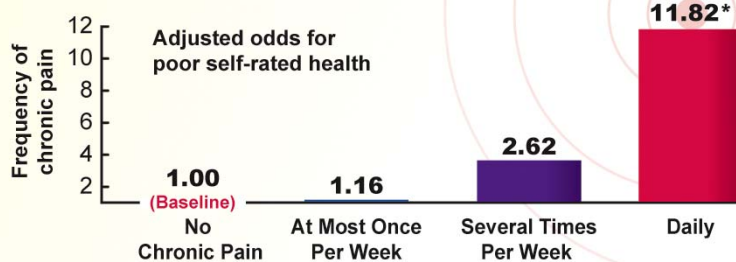


The Consequences of **CHRONIC PAIN**

A recent survey of 6,500 adolescents and adults (15-74 years of age) evaluated the impact of chronic pain on daily living, measured in terms of self-rated health. Chronic pain sufferers were more likely to self-rate their health as "poor" compared with non-sufferers, and the odds increased with pain frequency:



*According to the authors, "daily chronic pain seemed to relate to poor health even more strongly than chronic diseases or age."

SOURCE: Mäntyselkä PT, Turunen JHO, Ahonen RS, Kumpusalo EA. Chronic pain and poor self-rated health. *Journal of the American Medical Association*, Nov. 12, 2003;290(18):2435-42.