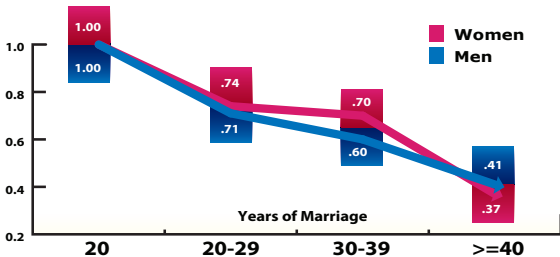


# Marriage Keeps You Healthy

The longer men and women stay married, the lower their risk of all-cause mortality:

Reduction in Risk of All-Cause Mortality



On the other hand, mortality risks for divorced women (2.04) and men (2.37) are more than double the risk for people married less than 20 years and more than five times the risk for those married over 40 years.

SOURCE: Dupre M, Beck AN, Meadows SO. Marital trajectories and mortality among U.S. adults. *Am J Epidemiol*, 2009;170(5):546-55.